

Heritage Recipes

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Tomato Dumplings

This Tomato Dumplings recipe comes from a family in Tazewell, Virginia. "Growing up my Aunt Gertrude would fix these tomato dumplings for me. They are a great comfort food and one that I do not hear many folks talk about, let alone say they know what it is."

Tomato Dumplings

1 quart stewed tomatoes
2 T butter
sugar to taste

- 1 Make a batch of dumplings...these can be made from a simple bread type dough of flour, water and shortening.
- 2 Heat the tomatoes, butter and sugar together in a saucepan large enough to drop the dumplings on top.
- 3 Once the tomato mixture is hot, add the dumplings and then cook on you stovetop until the dumplings are done.

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