

# Heritage Recipes

You can share old family recipes and traditions

## Clever Judy Frosting

Found by Colleen and sent to the Old Recipe Detective Blog

The Request:

"Many years ago I used to make Clever Judy Frosting with my Grandmother - it was almost a whipped mocha consistency. The thing I remember most is that we would have to spell one another beating the frosting in a bowl over a bowl of ice until it set. The recipe is long gone. Hopefully you will be familiar with it. I would love to have it. Many thanks. Sharon"

### Clever Judy Frosting

2 squares chocolate

1 egg

1 tbsp. butter

1/4 cup cream

1 cup powdered sugar

1 tsp. vanilla

Melt chocolate and butter in top of double-boiler. Cool and add powdered sugar, egg and cream. Beat until thick enough to spread and mix in vanilla.

### Clever Judy Mocha Frosting\*

1 cup powdered sugar

1 egg, unbeaten

1/4 cup strong coffee

1/2 tsp. vanilla

3 squares Baker's Unsweetened Chocolate, melted but cooled slightly as not to cook the egg

1 T. softened butter

Combine the ingredients in the above order, beating on medium speed until blended. Place the bowl in a pan of cracked ice or ice water and continue beating until the right consistency to spread (about 3 minutes).

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\* Editor's Note: While searching for another recipe, I found this recipe in a little pamphlet, published in 1943. In those days they were less concerned about eggs and salmonella. Click [here](#) to read more about egg safety.

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